

**Johns Hopkins University  
School of Nursing**

**Share Day Summary**

Spending a day—or even a few hours—on a hospital floor is a terrific way to learn its workings. You'll have a chance to observe the operation, staffing, as well as get a feel of the culture.

Many hospitals and clinics offer share days. (Check with the Career Resource Office to learn more.) Some are very casual and encourage you to schedule individual times, while others offer group programs.

Use your share days as a way to explore the field of nursing. Reflect upon the experience with the intention of learning more about yourself. What did you find most rewarding? What of the experience most closely matches your own professional and personal values?

Once you have participated in a share day, take some time to complete a summary. Use this exercise to thoroughly evaluate what you've learned about yourself and the this potential opportunity.

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Share Day Summary**

Date \_\_\_\_\_

Name of Facility \_\_\_\_\_

Unit/Department \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Nurse Manager \_\_\_\_\_

Nurse you Shadowed \_\_\_\_\_

Provide a brief description of unit (include number of beds, patient diagnoses, staff size (number of nurses), etc.

What did you want to learn during this share day? What did you want to learn about the unit?

Describe the duties of the nurse that you shadowed. (Be as specific as possible. Include the care he/she provided, equipment used, treatments observed and any other information that was valuable.)

Without violating patient confidentiality, describe some experiences you had.

Did you meet with the nurse manager? What did you learn about his/her management style? Philosophy of providing nursing care?

What did you learn about yourself during this experience that might help you in the future? Did you have any experiences that changed the way you thought about how nursing is performed? If so, describe them.

Would you consider this nursing specialty as a potential career choice? Why or why not? If so, be sure to get permanent contact information.

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